



FRUGAL EMPOWERMENT FOUNDATION

# Monthly Newsletter

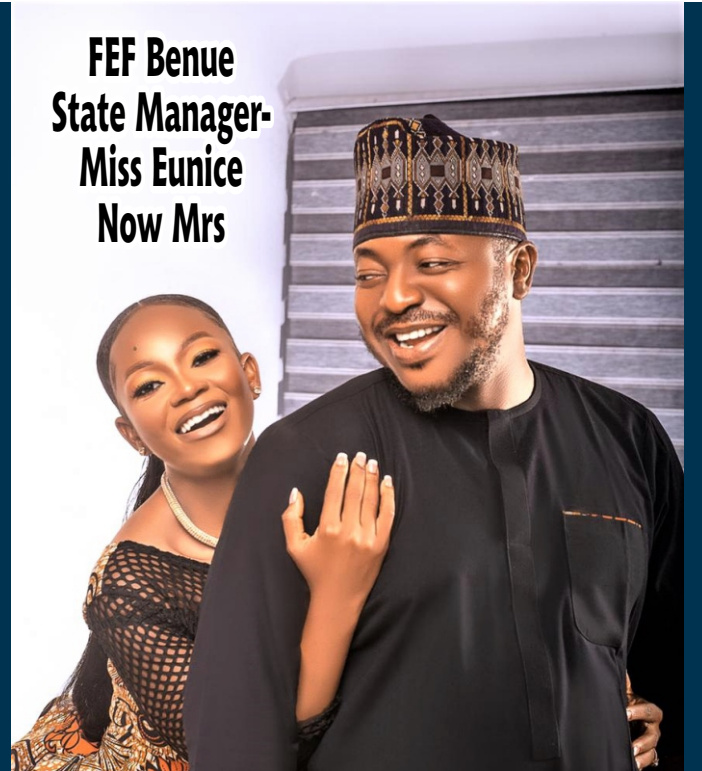
July 2022 Edition

## Frugal Launches Support for Mrs. Osagie's Leaking Roof



Donate to help Mrs. Deborah Osagie fix her leaking roof

FEF Benue State Manager- Miss Eunice Now Mrs



**In this edition** Frugal introduces UK website  
Top: Trending: Nigeria Election 2023  
Frugal Borno Wash Project Successful  
Organizations Seek Frugal's Collaborate  
Images From UK-Elderly Caring Saturday's

### Frugal Makes Headline Again

MONDAY MAY 16, 2022 WHITEPAPER PAGE 09

COMMENDING FRUGAL EMPOWERMENT FOUNDATION FOR TOUCHING LIVES, DEVELOPING COMMUNITIES

By Sampson Uhuegbu  
(08064524404)

#savethechild

Amis-giving remains an essential commandment that is darling to God's heart. No wonder the holy Bible explicitly records in the holy book of Matthew Chapter 5 verses 7 that, "Blessed are the merciful, for they will be shown mercy".

Against this backdrop, the founder, Frugal Empowerment Foundation (FEF), Mr Peter Osezuwa, a humane, God-fearing, honest and capacity builder, has greatly lifted many youths and communities out of poverty, and enriched them through his charity organization: FRUGAL EMPOWERMENT FOUNDATION.

This quintessential philanthropist has graciously provided free education, trainings and supports he designed to enable individuals and groups generate a sustainable income and be self-sufficient in life.

Not only that, the Frugal Empowerment Foundation, Abuja, has



their perceptions, purpose and most importantly, prospects by giving them the needed support to succeed.

Mr Osezuwa and his Team of workers, have launched Frugal Empowerment Foundation Leadership forum in Borno, Plateau and other states in the country which is geared towards

Foundation come through.

In addition, with the unemployment reduction, jobs creation for these economically disadvantage people and areas, the advantages will also discourage the rural-urban drift currently being experienced in our economy. It would also stem embarrassing migration

Coming Soon



Frugal Music UK

Caring Saturday's  
Edo State Ng

### Our Aim

The prevention or relief of poverty anywhere in the world, but particularly in the UK, by providing or assisting in the provision of education, training, and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient. By providing: Grants, Items, and services to individuals in needs/or charities, or organizations working to prevent or relief poverty anywhere in the world, but particularly in Nigeria

### OUR INITIATIVES

TALENT DEV

SKILL ACQUISITION

CHARITY



# Frugal Continues The Stride

**F**rugal Empowerment Foundation has continued in line of progress and creating more and more opportunities and impacts in lives within the African continent and in Europe- UK and Greece especially.

The month of June witnessed a lot and we have done due diligence in bringing you these developments in this edition of our monthly newsletter.

We are grateful to God and everyone who have continued to support us in cash and kind. For you who is just getting to know about us, our humanitarian train still has rooms for impact makers who desire to touch lives. Come on board lets enjoy the cruise of making worthy sacrifice.

For you who is looking for a family that can show you love and help you actualize your destiny through self-actualization, we are ever ready to accommodate and help you find your path and overcome your limitations. Frugal Cares and Supports.



## Frugal Makes Headline Again

**T**he Frugal Empowerment Foundation again caught the attention of the media.

This is to prove the fact that no good deed goes unnoticed, people are watching. As our humanitarian mission continues to expand and capture new horizons, it is becoming difficult for us not to be noticed and applauded by the society who is beginning to feel our impact in every community where our presence is established.

The White Paper Publishers, followed up with the Edge Express in recounting the Frugal story with the caption, "Commending Frugal Empowerment Foundation For Touching Lives, Developing Communities."

Not only that, the Frugal Empowerment Foundation through its philanthropic gestures, has offered grants, food items and other materials to people in needs; as well as charity organizations working to prevent poverty across the world.

Working on its vision that is borne out of elevating millions of youths, including children orphans, widows and those in crises environment from poverty through series of life- saving initiatives, this Frugal Empowerment Foundation was established by an Edo State- born London- based Humanitarian, Mr. Peter Osezua.

This charity foundation has magnanimously reduced the alarming rate of poverty, hunger and deprivation that have infested our economic landscape in Nigeria and other African countries and therefore gives meanings to lives of millions of hopeless Nigerians residing in the United Kingdom.

Furthermore, It has funded talented youths in our mist to actualize their vision. That is, the unsung potential heroes who operate from economically disadvantaged background.

The Foundation has affected lives of over 1. 2 Million less privileged persons via its support and encouragement. Today, they are success story in the environment they otherwise considered impossible to make a difference in their

in the country which is geared towards alleviating challenges facing people.

He has given hope to the elderly, reunited warring communities by his magnanimous disposition, empowered Twenty Thousand (20,000) Internally Displaced Persons (IDPs) in December, 2021, just to mention but a few.

Driven by unbridled passion in impacting on lives positively, the Frugal Empowerment Foundation, on April 10th, 2022, put smiles on faces of Twenty Thousand (20, 000) people in rural areas.

Mr. Osezua launched FEF Music in the United Kingdom which is aimed at empowering young people who have inspiration to become musicians.

In his words, Mr. Osezua, says, "We intend to actualize this vision by supporting them wholeheartedly financially, materially and morally to enable them pursue and accomplish their vision in life".

In my findings, process for identifying and selecting potential talents is simple. Interviews are first conducted either online or physically and subsequently followed by the selected persons to showcase their initiative.

It is Peter Osezua's concept that reducing unemployment remains only way poverty and hunger which are apparently ravaging nations today, would be reduced - thereby making the dream of this Frugal Empowerment

being experienced in our country. It would also stem embarrassing migration of impoverished stricken youths from one region to another.

Migrations of youths from indigent families in Africa and Asia to Europe - all in the name of seeking for greener pastures is quite alarming. Unfortunately, this is a situation which had resulted to millions of them perishing along the desert while attempting to cross over to Mediterranean seas.

It is on record that those who managed to cross over to other countries had suffered untold degradation and inhuman treatments. Mr. Peter Osezua, a man with a large heart, has frowned at this ugly development and has therefore discouraged it via his foundation's youths' empowerment programme.

With these noble vision of the Frugal Empowerment Foundation, it is hoped that the social vices which presently characterize the conducts of youths would be reduce to the barest minimum.

Commendations of people from all walks of life have continued to trail the Founder of Frugal Empowerment Foundation, Mr. Peter Osezua over his care for the downtrodden in the society.

He has bagged many awards from various organizations because of the rising number of people he had touched their lives positively. We pray God to bless the Founder, Frugal Empowerment Foundation, Mr. Peter Osezua. Amen.

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## FEF INITIATIVES SKILL ACQUISITION



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18 months



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Website: <http://fbsmoney.co.uk>

Email: [frugalbusinesss@yahoo.co.uk](mailto:frugalbusinesss@yahoo.co.uk)

*Take advantage of this opportunity now!!!*

As Frugal continues in her effort of creating job opportunities and avenue for self realization, Frugal

UK to further give persons the opportunity to acquire skills and secure jobs to help them cater for their livelihood in the UK

**It is our joy to touch lives and  
we are grateful to you who  
are making this possible through  
your partnership.**

Business Services Ltd was launched in the

community where they find themselves

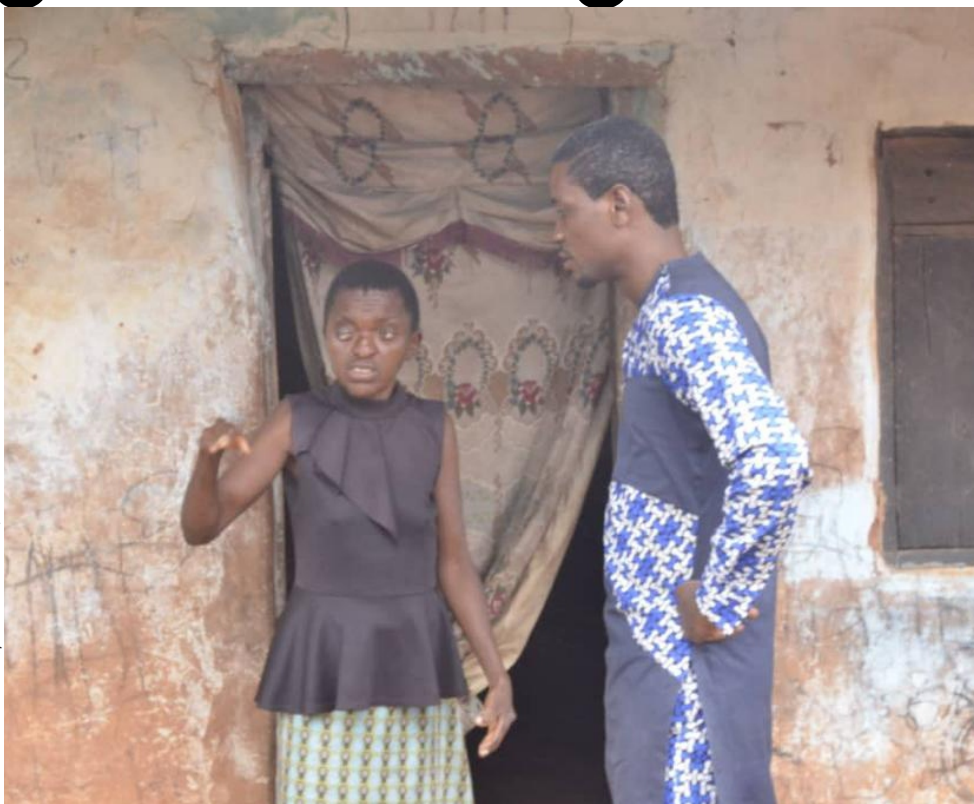


# Frugal Launches Support for Mrs. Osagie's Leaking Roof

**M**rs. Deborah Osagie is a widow who the Frugal Empowerment Foundation came to her rescue after delivery at the Hospital. She was reported to be unable to pay her hospital bills after giving birth, when the information reached us at Frugal, her matter was quickly handled and her bills paid.

However, our team did not stop there as we reached out to her in her home to find the dilapidated situation of where she lives. The roof is bad and leaky, so when it rains, it literally falls into the house.

Mrs. Deborah is in dire need of a better house to live in giving her physical health condition. We are therefore appealing to you our most reliable partners to combine efforts to give her a shelter worthy of human abode.



**Donate for Mrs. Osagie**

**APS BANK: 04027718**  
**SORT CODE-087199**

**UBA BANK:**  
**1020904707**

<https://paypal.com/gb/fundraiser/charity/461925>





# Borno Wash

Project goes  
successfully



The Month of June witnessed another stride in the success of our mission to touch lives in the rural communities across Nigeria. The Wash Project is designed to sensitize young adults specially the female on how to maintain cleanliness for healthy living. The project took off in Borno State and witnessed a huge success.

## Wash

Borno State



## Frugal Empowerment Foundation Brono Community Project

**Title**

**WASH SUPPORT FOR CONFLICT AFFECTED  
POPULATION LIVING IN MMC, JERE AND KONDUGA  
Borno State, Nigeria**

*Feedback Call/Text*

**07039712526**

**SUPPORTED BY**





# Frugal introduces UK website

The month of June welcomed the official website for the Frugal UK - [www.frugalempowermentfoundation.co.uk](http://www.frugalempowermentfoundation.co.uk). So the global website remains [www.frugalempowermentfoundation.org](http://www.frugalempowermentfoundation.org). This is in a bid to improve the effectiveness of the FEF UK projects.

Frugal Empowerment Foundation has always remained a

co-joined twin with corporate presence in the UK and Nigeria. Our website has over the years domiciled in on URL- [www.frugalempowermentfoundation.org](http://www.frugalempowermentfoundation.org). This site has been used to feature the activities of the various initiatives of the foundation in and outside the UK. The FEF UK site opens a great support for various outreaches in the UK and within the European community.

You can now see Frugal UK activities on the UK Portal  
**[www.frugalempowermentfoundation.co.uk](http://www.frugalempowermentfoundation.co.uk)**

## Top Trending: Nigeria Election 2023

### New Political Narrative: Peter Obi and The Obidient Movement

As Nigeria prepare to elect a new set of leaders to stir the affairs of the country after what has been described as an abysmal performance of the current administration for the past eight years. Nigerian Youths appear to be politically activated with a level of anger and wrath against the political class.

Coming from a bottled wrath for how they were treated during the EndSARS saga in 2020, they seem to have found an opportunity for a sweet revenge and to change the political climate in the country.

What makes it more interesting is the fact that they have massively queued behind the candidate of the Nigerian Labour Party,

Mr. Peter Obi, a onetime governor in Anambra, one of the south eastern states in the country. Peter Gregory Obi had left the People's Democratic Party-PDP just a few days before the primary which saw the emergence of Mr. Atiku Abubakar as the candidate of the PDP. Mr. Obi claimed that the system in the PDP was corrupt and against his principles thus his search for a party that aligns with his political ideology.

Since he joined the Labour Party and consequently emerged as the presidential candidate, many narratives have emerged that have continued to mobilize the youth who seem to be rather highly ingenious with the Obi movement.

Today, in Nigeria the cliché 'Obidient Citizen', 'Obidient' and 'Obicracy' is gradually becoming a household word. Even the governor of Edo state alluded to the fact that in almost every home in his state there are youths who call themselves OBIDENT.

**NIGERIA**  **LABOUR PARTY**  
**IS IN LABOUR!**



Could this be the journey towards political emancipation? Will the Nigerian Youths be able to sustain the tempo and mobilize greatly to enthrone their choice candidate in 2023? The coming days and months will tell as the candidates which include the powerful Bola Ahmed Tinubu of the ruling All Progressive Congress and a host of others get ready for the commencement of the political campaign in September.

Keep track with us here as we will continue to analyze the development as it unfolds

Written by Chuks O. Joshua, A Veteran Journalist and FEF Content Editor



## OBICRACY

“The government where people choose their leader from a structureless party and their leader is answerable to them”





# Leadership



**No matter what happens  
we owe ourselves the  
responsibility to get leadership  
right. Every other thing will align**

***Peter Osezua***





# CHARITY

**F**rugal Foundation Charity is one of our initiatives which have over the years proven to be effective and fulfilling. The focus of Frugal Charity is to donate relief material to people in need within every community where Frugal makes a presence. In the UK, Greece and Nigeria for instance, we have reached out to well over 1.2million lives put together with the various sub-arms of the Charity Initiative. Yes under the Frugal Charity initiative we have rolled out sub-arms to enable the effectiveness of the initiative. These sub-arms include: The caring Saturday, #save the child, #care for the elderly and #meal



support.

## CARING SATURDAY'S



**T**he Caring Saturdays' is a unique initiative that has touched over 10million lives in Nigeria and beyond. Since inception of the initiative many internally displaced persons (IDPs) lives has been affected positively in their various camps from Ekpoma in Edo state, to Makurdi in Benue

state, Jos in Plateau State, Maiduguri in Borno State the fire of this charity initiative is gathering momentum to reach other parts of African. This is however with the supports we would receive and continue to from you and our consistent donors respectively.



### #SAVE THE CHILD

This campaign became necessary under the Frugal Charity Initiative as we continued to encounter little children and infants who are orphans and challenged with one need or the other that demand urgent attention in order to save the child's live and secure their future. (link to site for images and reports)

### DONATE TODAY

**APS BANK: 04027718  
SORT CODE-087199**

**UBA BANK:  
1020904707**

### #CARE FOR THE ELDERLY

**T**he campaign to Care for the continued to impact greatly on Elderly came on board as in their livelihood. This initiative has Africa, Nigeria in particular, in no small measure helped to the harsh economic condition has lighten the worries of getting old continue to live the elderly at the and made life meaningful as they mercies of hope. In Europe, UK and advance. Greece the COVID pandemic





# HAPPY MARRIED LIFE

*The Entire Frugal Empowerment  
Foundation Family wishes  
Eunice Ikpanor, FEF Benue State  
Manager, a happy married life.*



Vevostudio.com





# Images from UK-Elderly Caring Saturday's

It was another impactful experience at the Sanctuary Home, Ashgreen, Woolwich UK as Frugal held

another Caring Saturday's, a special outreach to the elderly.

Indeed life is such a phase and we have

to learn to live it with humanity at heart. Time-out with the elderly under the Frugal Elderly Care has always been so touching and a lifelong lesson that makes us better people.

There is no doubt about the fact that the joy of our existence is a product of the time we spent lifting others up and lighting their face with the hope that they are always valued.

Thanks to all our donors, sponsors and volunteers who makes this charity initiative possible. We love you all



## Caring Saturday's

Sanctuary Care Home  
Ashgreen , Woolwich





# Frugal Music UK

## Coming soon



We believe that every young person should have a chance to change their life, through music. But research shows that many can't because of who they are where they're from or what they're going through.

To this end, we are willing to support them through our insights, influence, and investment in grassroots organizations, we make sure more young people engaged







REACH US  
**frugalmusic@yahoo.com**

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EKPOMA, EDO STATE,  
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## MEET OUR TRUSTEES

See the people, who never allowed this vision to die, because they believed in it and it the positive change it will bring to our people



**WE LOVE YOU REGARDLESS**



**Prince Osezua**

Trustee, National Director & Edo State Manager



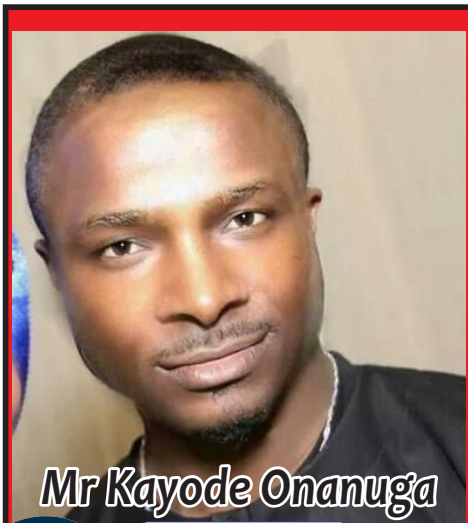
**Anthonia Osezua**

Trustee



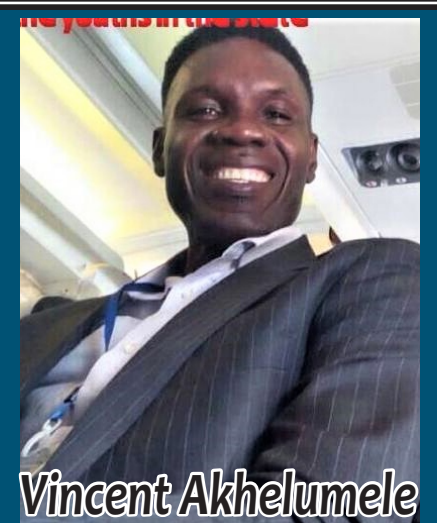
**Innocent Emakhue**

Trustee & Lagos State Manager



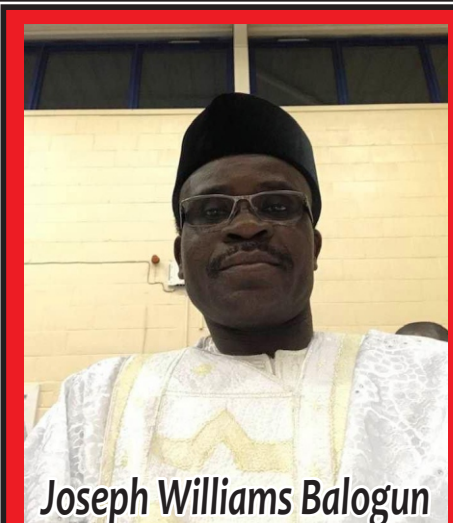
**Mr Kayode Onanuga**

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**Vincent Akhelumele**

Trustee & Admin Manager.



**Joseph Williams Balogun**

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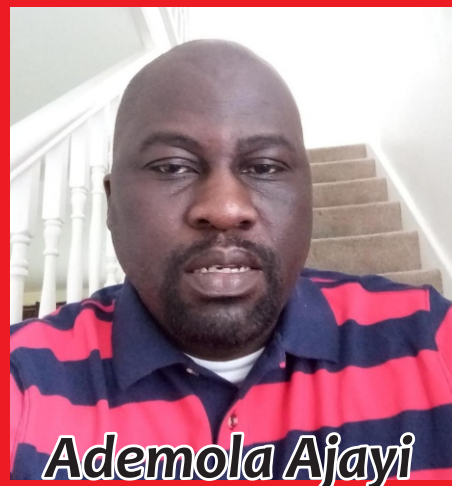






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Trustee



**Ademola Ajayi**

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**Jane Ogbebor**

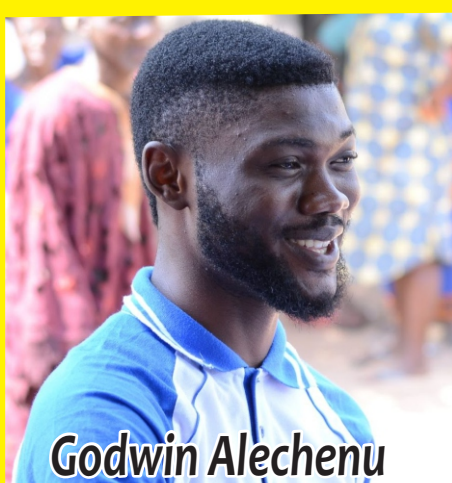
Trustee

*We believe love is not complete until there is sacrifice,  
so we give not out of abundance but out of love...  
You too can touch lives- Just give!*



**Ojiji Grace Ehi**

Secretary



**Godwin Alechenu**

Frugal Leadership Manager



**Eunice Ikpanor**

Benue State Manager



**Sweet Memories of Yesteryears**





## SPONSORS CHAT



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## UPCOMING EVENTS

### CARING SATURDAY'S

CHARITY OUTREACH

July Ending 2022 FEF UK



Locations

Avante Care Support  
London

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1c Woolwich  
New Rd Woolwich  
London. SE18 6EX



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+ 447460433399

for Support-Donations-Sponsorship

August 2022 FEF EDO NIGERIA



Location

EDO STATE NIGERIA

NIGERIA  
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Edo State  
+ 2349065145323



+ 442083160704  
+ 447460433399

for Support-Donations-Sponsorship





## PARTNER WITH US

**YOU CAN PARTNER WITH US ON THIS: BE A VOLUNTEER,  
PARTICIPATE IN OUR EVENT JOIN IN FUND-RAISING, MOBILIZE  
OTHERS TOGETHER WE CAN MAKE IMPACT GLOBALLY**

## SUPPORT

**NO INITIATIVE SURVIVES ALONE WITHOUT COLLECTIVE SUPPORT  
AND COLLABORATION WE NEED ALL THE SUPPORT WE CAN GET TO  
CONTINUE THESE GOOD WORKS**

### DONATE

**No matter how big or small, your donation can make  
difference. Whether you to a particular country or for a  
specific campaign, Frugal Empowerment will ensure reach  
those who need it most. just click and touch a life NOW!!!**

**Give to support frugal initiatives**

**APS BANK: 04027718  
SORT CODE-087199**

**UBA BANK:  
1020904707**

**<https://paypal.com/gb/fundraiser/charity/461925>**

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**[www.frugalempowermentfoundation.org](http://www.frugalempowermentfoundation.org)**

**[info@frugalempowermentfoundation.org](mailto:info@frugalempowermentfoundation.org)**

**[frugalempowermentfoundation](https://www.frugalempowermentfoundation.org)**

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# Appreciation

**O**n behalf of all those who we have been able to reach, those whose hope of a future has been restored and those who got shelter, food and other life enabling items, We at Frugal Empowerment Foundation say THANK YOU to all of our donors, partners and you who supported both in cash and in kind.

*We could not have done this without you. They could not have seen us as live savers if it were not for you.*

*We cannot thank you enough for making the month of April 2022 such a memory both for us and for the less privileged.*

*You are our hero, you are their destiny helper and your source will not fail because we at Frugal are praying for you and not just us, but these ones whose lives have been impacted by your giving.*

*As we look forward to a more fulfilling month of MAY 2022, let us join hands and make more impacts as we continue to expand our reach to touch more lives.*

*We greatly appreciate you.*

*Yours in Charity*

*Peter Osezua  
Founder.*



## Wishing you a fulfilling and fruitful Month of July



[frugalempowermentfoundation](https://www.frugalempowermentfoundation.org)





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